

ACTIVE LIVING AYLMER

JULY 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



HAPPY CANADA DAY
1 5PM - 7PM - **Bike Rodeo**- EECC
5PM - 9PM - **Canada Day Fireworks & Family Fun**- EECC

2 Challenge a friend to a tennis match at Kinsmen Park Courts

3 6PM - 8PM
Drop- In Pickleball - Crystal Park

4 1:30PM - 4PM
Free Public Swim Aylmer Pool

5 Sunday Stroll - Walk with family & friends

6 10AM - 12PM- **Pop Up Seniors Centre in the Sunshine** - Palmer Park (55+)

7 Head over to the Splashpad and stay cool!

8 9AM- 2PM - **Visit Town of Aylmer Booth @ Seniors Picnic in the Park -Pinafore Park St Thomas**
10AM - **Outdoor Walking Group** - Balmoral Park

9 Try Aylmer's Disc Golf Course in Steen Park
www.facebook.com/groups/aylmerdisc/

10 6PM - 8PM
Drop- In Pickleball - Crystal Park

11 1:30PM - 4PM
Free Public Swim Aylmer Pool

12 Sunday Stroll - Walk with family & friends

13 2PM - 3PM - **Pop Up Sticker Giveaway & Trading** - Optimist Park Pavilion

14 Trail Tuesday - Explore a new trail today

15 10AM - **Outdoor Walking Group** - Balmoral Park
3:30PM - 5PM **Pick Up Sports & Games** - Steen Park

16 10-11 AM - **Consider Your Beverage Workshop** - OTH
Registration Encouraged Drop Ins Welcome
519-773-5631
aylmer.ca/activeaylmer

17 6PM - 8PM
Drop- In Pickleball - Crystal Park

18 1:30PM - 4PM
Free Public Swim Aylmer Pool

19 Sunday Stroll - Walk with family & friends

20 6:45 PM- Try Aylmer's Lawn Bowling Club

21 Pedal your way to around Aylmer on a bike ride!

22 Play a game of basketball with friends at Crystal Park

23 Celebrate National Picnic Month and go for a picnic with family & friends in one of our parks

24 6PM - 8PM
Drop- In Pickleball - Crystal Park

25 1:30PM - 4PM
Free Public Swim Aylmer Pool

26 Sunday Stroll - Walk with family & friends

27 2PM - 3PM - **Pop Up Sticker Giveaway & Trading** - Palmer Park

28 Trail Tuesday - Explore a new trail today

29 10AM - **Outdoor Walking Group** - Balmoral Park
3:30PM - 5PM **Pick Up Sports & Games** - Steen Park

30 1PM - 3PM
Crafternoons (Summer Crafts) - OTH

31 6PM - 8PM
Drop- In Pickleball - Crystal Park



Self Run Staff Run Registration

@TownofAylmer

Stay active and enjoy summer with the Town of Aylmer Parks and Recreation Active Living Calendar! Throughout July, take part in simple, fun activities designed to encourage movement, outdoor exploration, and healthy living. Whether you're visiting a local park, trying a new activity, or spending time with family and friends, there are plenty of ways to stay active and make the most of summer in Aylmer.

This Active Living Aylmer calendar is Town of Aylmer Parks & Recreation programming. For additional programs, events, and community happenings, visit the Community Calendar.

aylmer.ca/community-calendar

Stay in the Loop & Sign up for our Recreation Newsletter:

aylmer.ca/subscribe-rec

Browse our Parks & Trails:

aylmer.ca/parks

Register for Programs:

aylmer.ca/activeliving



www.aylmer.ca

519-773-5631

MORE INFO

Pop Up Seniors Centre in the Sunshine - Monday July 6th 10AM - 12PM in Palmer Park (55+)

On Monday, July 6th join us for Pop-Up Seniors Centre in the Sunshine. Come enjoy fresh air, complimentary coffee, light refreshments, music, and great conversation with friends old and new; whether you stay for a quick visit or the whole social hour, it's the perfect chance to get outside, connect with your community, and make the most of a beautiful day! **Crafts, games, coffee & snacks all supplied**

Outdoor Walking Group - Wednesdays at 10AM meet at Balmoral Park

Join us every Wednesday morning at 10 AM meet at Balmoral Park for our walking group. Enjoy a leisurely walk at your own pace, explore different routes in town and along our trail system, make new friends, and combine socializing with exercise. All ages are welcome!

Wednesday Pick Up Sports & Games - Wednesdays from 3:30PM-5PM in Steen Park

Drop in for casual pick-up games of kickball, soccer, ultimate frisbee, and capture the flag, tag, and more at Steen Park. This staff-led program is open to all skill levels and focuses on fun, movement, and community play. All equipment is provided. Just show up, jump in, and play.

Drop-In Pickleball - Fridays from 6 PM to 8 PM at Crystal Park

Join us for relaxed evenings of pickleball! Everyone, regardless of age or skill level, is welcome to participate. All necessary equipment will be provided, so just come by and enjoy the game!

Pop Up Sticker Giveaway & Trading - Monday, July 13th at Optimist Park Pavilion & Monday, July 27th at Palmer Park at 2PM - 3PM

Collect all the Town of Aylmer Stickers with our Summer Sticker Program! Join us at our Pop Up Sticker Giveaway & Trading events to collect new stickers, trade duplicates, and work toward completing your passport! You can also pick up stickers at select community events, Town recreation programs, and select events throughout the summer. The first five participants to collect every sticker and submit their completed passport at Town Hall will win a prize.

Consider Your Beverage Workshop - Thursday July 16th from 10AM - 11AM at Old Town Hall

Join us for Consider Your Beverage, a FREE informative and practical workshop focused on making healthier drink choices every day. Hosted by Laura Francis, Registered Dietitian with the East Elgin Family Health Team, this session will explore recommended fluid intake, the best beverage options for your health, and key things to consider. like limiting sugary drinks and understanding alcohol guidelines. **Registration Encouraged Drop Ins Welcome**
519-773-5631
aylmer.ca/activeaylmer

Crafternoons - Thursday, July 30th from 1 PM - 3 PM at Old Town Hall

Join us for an afternoon dedicated to creativity and crafting! We will provide a variety of summer themed craft activities suitable for all. This is a fantastic opportunity to get out of the house, learn something new, and connect with others.

Please note: All activities are subject to change. Outdoor activities are weather dependent. Follow us on social media at the Town of Aylmer for updates, cancellations, and program information. Children under the age of 14 must be accompanied by an adult.

LOCATIONS

Palmer Park
27 Centre St,
Aylmer, ON

Balmoral Park
90 John St N,
Aylmer, ON

**Old Town Hall
Theatre (OTH)**
38 John St S,
Aylmer, ON
Upstairs

**East Elgin
Community
Complex (EECC)**
531 Talbot St W.
Aylmer, ON

**Aylmer Pool
In Balmoral
Park**
7 Myrtle St,
Aylmer, ON

**Optimist Park
Pavilion**
69 Elm St
Aylmer, ON

Kinsmen Park
42 Chestnut St,
Aylmer, ON

Steen Park
56 Spruce St,
Aylmer, ON

Crystal Park
75 Fath Ave,
Aylmer, ON

JULY 2026

SELF RUN

Aylmer Pool – Free Public Swim

Our pool has recently been upgraded and is now heated! Enjoy a refreshing dip with a free public swim at the Aylmer Pool. It's a fantastic opportunity to spend quality time with family and friends over the weekend. For swim times, admission details, and pool policies, please visit YWCA St. Thomas–Elgin for more information:

www.ywcaste.ca/aquatics

Aylmer Disc Golf

Try Aylmer's Disc Golf Course in Steen Park

www.facebook.com/groups/aylmerdisc/

Aylmer Lawn Bowling Club

Mondays & Thursdays at 7PM

Visit [Aylmer Lawn Bowling Club on Facebook](#) for more details

NEW!!

Make your child's special day one to remember with a unique Town of Aylmer birthday party experience! Celebrate at a splash pad, enjoy an outdoor park adventure, or take center stage at the Old Town Hall Theatre. Our hosted party packages include up to 10 guests, delicious cupcakes, chips, festive balloons, and 2.5 hours of fun-filled celebration. Let us help create a stress-free birthday packed with memories, laughter, and excitement!

Request a Birthday Party

aylmer.ca/birthday

